Safety Instructions for the SAR 2022

General

The person in charge of a boat have the overall responsibility for all Safety functions and common safety equipment for the respective boat.

Every crewmember have responsibility regarding her/his personal Safety equipment, i.e. Life West etc.

Safety Equipment List

The Safety Equipment list is published on: https://www.stockholmarchipelagoraid.com/onb2022/

It's also found in NoR, Addendum A.

Electronic Emergency Equipment

The most important electronic equipment are your <u>VHF and your mobile phones</u>! **ALWAYS keep them well charged, and the phone in a waterproof and preferably floatable case. Fasten your VHF e.g. on the boom and keep your phone in a pocket on your sailing gear**. AIS Emergency (MOB) Transmitters, PLB's and EPIRB Transmitters (**Optional**) may be carried by participants by your own choice, but are **NOT mandatory** during the SAR 2022.

Leaving a race due to technical or other reason

The person in charge of <u>a boat retiring</u> from a race <u>shall</u>, and is <u>obliged to</u>, notify the Race Committee <u>immediately</u> upon retirement by <u>VHF channel 71</u> and/or phone number +46-76-835 39 82.

A boat <u>not starting</u> shall inform the Race Office without delay, phone number as above.

Leaving a race due to an accident, injury or other disabling incident

The person in charge of <u>a boat retiring</u> from the race <u>shall</u>, and is <u>obliged to</u>, notify the Race Control/Safety officer <u>immediately</u> upon retirement by <u>VHF channel 71</u> and/or phone number **+46-76-835 39 82**.

If necessary, notify the Safety officer or another Race official boat to get assistance. If equipped, use PLB's or other technical Emergency Equipment <u>ONLY in a grave situation</u>, when other means of communication have failed.

Call for external Emergency assistance

-On <u>VHF use Channel 16</u> to make an Emergency call ("MAYDAY").

-On phone call 112 and ask for Search-and-Rescue (SAR) assistance ("Sjöräddning"). You will be connected to the Swedish Joint Rescue Coordination Centre (JRCC).

Use the following means to reach Race officials (<u>save phone number</u>!) VHE channel 71

Race Officer/Race Committee Håkan Andersson: +46-70-531 08 60 Safety Officer Lars Carlsson: +46-76-835 39 82