

# Safety equipment check list

## Mandatory on each boat

1 fully functional waterproof marine VHF in trampoline pocket, lower part of mast or similar to be accessible also when capsized.	
1 red parachute flare attached under trampoline or behind either beam for easy access when capsized.	
1 towing line, minimum 12m * 8 mm with stretch (not a halyard or similar).	
1 paddle, at least 120 cm, for example attached to boom using shock cord.	
1 First aid kit (containing as a minimum sterile gauze dressings, bandages, plasters in a variety of different sizes) in a waterproof bag available on trampoline (not stoved away in the hull).	

## Mandatory on each sailor

1 dry suit or a wet suit worn at all times.	
1 mobile phone in waterproof pocket with battery charge to last at least 24 h..	
1 Life jacket and whistle.	
1 red hand-held flare OR 1 waterproof flash light with strobe function attached to life jacket.	
1 knife on life west (or 2 attached to boom and dolphin strike)	

Skipper / Crew signature

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